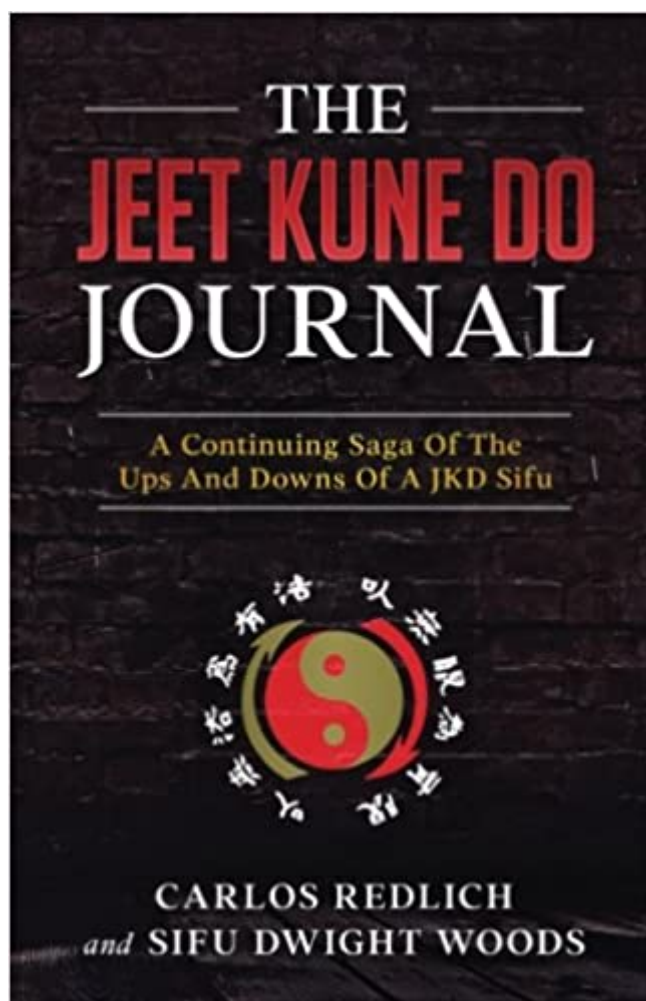




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The Jeet Kune Do Journal: A Continuing Saga Of The Ups And Downs Of A JKD Sifu



Synopsis

Inside, you'll discover in-depth insider stories, experiences and philosophical JKD perspectives from Sifu Dwight Woods. This book is the raw and unedited content from an interview held on Friday, July 28, 2017. The interview was held LIVE on the I Love Jeet Kune Do Facebook Page, the worlds leading authority on Bruce Lee's Jeet Kune Do.

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This book is filled with awesome info on JKD, Bruce Lee and "old school" training stories. If you're okay with it being a transcription of a REAL interview with Sifu Dwight Woods, then get this book! You won't regret it!

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